## LUNCH MENU - NOVEMBER 2013

HS - High School

| MONDAY | TUESDAY | WEDNESDAY | IHURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Assorted Sandwiches are available in ALL buildings, along with other main menu choices. <br> Starred items are part of the Sandwich Lunch and other main menu choices in each building. |  |  |  | 1 Fresh Baked $4 x 6$ Pizza w/ pepperoní ${ }^{*}$ Mixed Green Salad <br> *Chilled Fruit or Fresh Fruit |
| 4 Oven Baked Chícken Tenders Dínner Roll *Baked Beans <br> * Sweet Beets <br> *Peaches or Fresh | Superintendent Conference Day | 6 Toasted Cheese <br> Sandwich <br> *Tomato Soup <br> *Green Beans <br> *Baby Carrots <br> *10o\% Juice and Fruit | 7 <br> Spaghettí w/Meat <br> Sauce <br> Bread Stíck <br> ${ }^{*}$ Mixed Green Salad <br> *Pineapple or Fresh | 8 Fresh Baked <br> $4 x 6$ Pizza w/ <br> pepperoni <br> *Steamed Carrots <br> ${ }^{*}$ Fruit Mix or Fresh <br> Fruit |
|  | 12 Oven Baked Chicken Pattie on Roll Seasoned Pasta *Steamed Carrots *Applesauce or Fresh Fruit | 13 Soft Shell Tacos $w /$ Let. Tomato cheese Brown Rice <br> ${ }^{*}$ Cowboy Salsa <br> *Golden Corn <br> *Peaches or Fresh | 14 <br> Turkey Dinner <br> Bíscuit <br> ${ }^{*}$ Mashed Potatoes <br> ${ }^{*}$ Broccolí <br> *Pineapple or Fresh | 15 Fresh Baked Stuffed Crust Pizza <br> w/ pepperoni <br> ${ }^{*}$ Mixed Green Salad <br> *Miní Carrots <br> *Pears or Fresh Fruit |
| 18 Hamburger or Cheeseburger on roll *Green Beans *Steamed Carrots <br> * Strawberries or Fresh fruit | 19 Nachos Grande Brown Rice <br> *Gofden Corn <br> *Baby Carrots <br> * Cowboy Salsa <br> *Pears or Fresh Fruit | 20 Chicken Tender <br> Submarine <br> *Baked Beans <br> *French Fries <br> *Peaches or Fresh <br> Fruit | 21 Breakfast for Lunch French Toast Sticks Breakfast Sausage <br> *Tater Tots <br> * Baby Carrots <br> * Juice and Fruit | Fresh Baked $4 x 6$ Pizza <br> *Mixed Green Salad <br> *Chilled fruit or Fresh fruit |
| 25 Oven Baked Chicken Nuggets Mac\& Cheese, Roll *Green Beans <br> ${ }^{*}$ Mini Carrots <br> *Peaches or Fresh | 26 <br> Hot Dog On Roll <br> ${ }^{*}$ Baked Beans <br> *Steamed Carrots <br> ${ }^{*}$ Fruit Mix or Fresh <br> Fruít | $\text { Happy Thanl }{ }^{2}$ |  |  |
| MENU subject to change without notice. im milk included daily in every meal. aid lunches are available. |  |  |  |  |

